

Daily Schedule for TK / Kindergarten

The daily schedule is designed around the needs of children, in support of optimal learning and healthy development. Longer class periods allow for varied activities in approaching learning with deep practice and fewer transitions within the day.

| Thematic Lessons | |
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| 8:30 – 10:00 90 minutes | <p>Teaching through story, wonder and creativity.</p> <p>Learning content and context are woven together with movement for body awareness, speech work, games and sensory engagement.</p> <p>Units of focused study over three or four weeks.</p> |
| 10:00 – 10:30 30 minutes | Snack and recess |
| Skill Building | |
| 10:30 – 11:30 60 minutes | <p>Math and Language Arts practice each day builds strong skills, habits and routines.</p> <p>Students are grouped by skill level rather than grade level for this skills practice time.</p> <p>Differentiated lessons addressing learning styles and abilities.</p> <p>Individual, small group and class activities.</p> |
| 11:30 – 11:50 20 minutes | PE / Movement / Games |
| Experiential Learning – Practical Application | |
| 11:50 - 12:30 40 minutes | <p>Art and sciences that are integrated and experiential, serve to open a child’s heart and mind in a balanced way.</p> <p>Practical Arts – handwork, gardening, building, sewing, cooking.</p> <p>Arts – drawing, painting, clay modeling, music and drama.</p> <p>Music – singing, percussion, music of the world.</p> <p>Environmental Sciences – earth studies, water cycles, ecology, plant life, and animals.</p> |
| 12:30 – 1:30 60 minutes | Lunch and recess |
| 1:30 - 2:40 70 minutes | Outdoors – free play, hiking, guided play, story. |

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| 2:40 – 3:00 20 minutes | Chores, closing activity, dismissal. |
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