

Daily Schedule for the Grades

The daily schedule is designed around the needs of children, in support of optimal learning and healthy development. Longer class periods allow for varied activities in approaching the subject content and fewer transitions within the day.

Thematic Lessons	
8:30 – 10:00 90 minutes	Academic content and context are woven together with movement for body awareness, speech work, mental math/cognitive games, and sensory engagement. Units of focused study over three or four weeks. Teaching through story, wonder and creativity.
10:00 – 10:30 30 minutes	Snack and recess.
Skill Building	
10:30 – 11:30 60 minutes	Math and Language Arts practice each day builds strong skills, habits and routines. Students are grouped by skill level rather than grade level for this skills practice time. Differentiated lessons addressing learning styles and abilities. Individual, small group and class activities.
11:30 – 12:30 60 minutes	PE / Movement / Games (Monday – Thursday) Music – Singing, percussion, recorder (Friday)
12:30 – 1:30 60 minutes	Lunch and recess.
Experiential Learning – Practical Application	
1:30 – 2:40 70 minutes	Art and sciences that are integrated and experiential, serve to open a child’s heart and mind in a balanced way. Practical Arts – handwork, gardening, building, sewing, cooking. Arts – drawing, painting, clay modeling, puppetry, music and drama. Environmental Sciences – earth studies, water cycles, ecology, plant and animal life
2:40 – 3:00 20 minutes	Chores, closing activity, dismissal