

## Daily Schedule for Grades 1 - 5

The daily schedule is designed around the needs of children, in support of optimal learning and healthy development. Longer class periods allow for varied activities in approaching the subject content and fewer transitions within the day.

<b>Thematic Lessons</b>	
8:30 – 10:00 90 minutes	Academic content and context are woven together with movement for body awareness, speech work, mental math/cognitive games, and sensory engagement.  Units of focused study over four weeks.  Teaching through story, wonder and creativity.
10:00 – 10:30 30 minutes	Snack and recess.
<b>Skill Building</b>	
10:30 – 12:00 90 minutes	Math and Language Arts practice each day builds strong skills, habits and routines. Students are grouped by skill level rather than grade level for this skills practice time. Differentiated lessons addressing learning styles and abilities. Individual, small group and class activities.
12:00 – 12:30 30 minutes	PE / Movement / Games (Grades 1 and 2) Writing (Grades 3 - 5)
12:30 – 1:30 60 minutes	Lunch and recess.
<b>Experiential Learning – Practical Application</b>	
1:30 – 2:40 70 minutes	Art and sciences that are integrated and experiential, serve to open a child’s heart and mind in a balanced way.  Practical Arts – handwork, woodworking, sewing, cooking.  Fine Arts – drawing, painting, clay modeling, puppetry and drama.  PE – developmental movement and games.  Music – singing, musical instruments, choral and ensemble, assemblies and performances  Gardening & Ecoliteracy – food farming, animal care, natural building and landscaping, water management, permaculture practices,
2:40 – 3:00 20 minutes 2:00 - Fridays	Chores, closing activity, dismissal